



Kichadi

by Maithreyi Satish

if you have any questions,
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SERVINGS :
2 – 3

PREP TIME :
15 MINUTES

TOTAL TIME :
40 MINUTES

NOTES :

INGREDIENTS

- 1 cup Basmati Rice
- 1 cup mung dal
- 1 medium onion finely chopped
- 2 medium tomatoes chopped
- 1 medium carrot finely chopped
- 1/4 cup green peas
- 1/2 tsp Turmeric
- 2 tbsp ghee
- 1 1/2 tsp crushed black pepper
- Asafoetida
- 1 inch, grated Ginger
- 1 diced Carrot
- Salt

