

# Ones Upon a Time

## Nursery Rhymes

### I Wake Up My Hands

I wake up my hands with a clap, clap, clap.  
Clap, clap, clap. Clap, clap, clap.  
I wake up my hands with a clap, clap clap,  
And I wiggle my waggles away.

I wake up my feet with a stomp ...  
I wake up my legs with a jump ...  
I wake up my head with a nod ...

### Pat-a-Cake

Pat-a-cake, pat-a-cake, baker's man.  
Bake me a cake as fast as you can.  
Roll it, pat it, and mark it with a "B."  
Then put it in the oven for baby and me.

### One, Two, Buckle My Shoe

One, two, buckle my shoe.  
Three, four, shut the door.  
Five, six, pick up sticks.  
Seven, eight, open the gate.  
Nine, ten, a big fat hen!



### The More We Get Together

The more we get together,  
Together, together.  
The more we get together  
The happier we'll be.  
'Cause your friends are my friends  
And my friends are your friends.  
The more we get together  
The happier we'll be.

The more we read together,  
Together, together.  
The more we read together  
The happier we'll be.  
Read big books and small books  
And short books and tall books.  
The more we read together  
The happier we'll be.

### Itsy-Bitsy Spider

The itsy-bitsy spider climbed up the water spout.  
Down came the rain and washed the spider out.  
Out came the sun and dried up all the rain,  
So the itsy-bitsy spider climbed up the spout again.



## Jack Be Nimble

Jack be nimble; Jack be quick.  
Jack jumped over the candlestick.  
Jack jumped high; Jack jumped low.  
Jack jumped over and burnt his toe.

## Twinkle, Twinkle Little Star

Twinkle, twinkle, little star,  
How I wonder what you are.  
Up above the world so high,  
Like a diamond in the sky.  
Twinkle, twinkle little star,  
How I wonder what you are.



## Roly Poly

Roly poly, roly poly.  
Up, up, up. Up, up, up.  
Roly roly poly. Roly roly poly.  
Down, down, down. Down, down, down.

Roly poly, roly poly.  
Out, out, out. Out, out, out.  
Roly roly poly. Roly roly poly.  
In, in, in. In, in, in.

Roly poly, roly poly.  
Slow, slow, slow. Slow, slow, slow.  
Roly roly poly. Roly roly poly.  
Fast, fast, fast. Fast, fast, fast.

## My Arms Go Up and Down

My arms go up and down.  
My arms go up and down.  
Hi-ho, the derry-o,  
My arms go up and down.

My arms go left and right ...  
My hands go fast and slow ...

## The Grand Old Duke of York

Oh, the grand old Duke of York,  
He had ten thousand men.  
He marched them up to the top of the hill,  
And he marched them down again.

And when they were up, they were up.  
And when they were down, they were down.  
And when they were only halfway up,  
They were neither up nor down.

## If You're Happy and You Know It

If you're happy and you know it, clap your hands.  
If you're happy and you know it, clap your hands.  
If you're happy and you know it then your face will surely show it.  
If you're happy and you know it, clap your hands.

If you're happy and you know it, stomp your feet ...  
If you're happy and you know it, shout hooray ...  
If you're happy and you know it, do all three ...

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